

| CORPORATE ESSENTIAL | DAY-TO-DAY BENEFIT OPTION

WHY CHOOSE CORPORATE ESSENTIAL?

It is our **health insurance** offering that provides **essential healthcare solutions** to employees through their employer.

This option complements your medical aid cover, or it can be taken as your primary health cover if you don't have medical aid cover. When your employer requests a health insurance quote from us, we can add **funeral cover** as an important additional insurance.

Our options are subject to **open enrolment, community rating** and **cross-subsidisation**.



WHAT DOES OPEN ENROLMENT, COMMUNITY RATING AND CROSS-SUBSIDISATION MEAN?

Open enrolment means cover is available to everyone. Community rating means we do not discriminate against individuals based on factors such as race and gender. Cross-subsidisation means that all premiums paid by our clients are paid into one risk pool where all claims are paid from.

| DAY-TO-DAY BENEFIT OPTION



DAY-TO-DAY COVER

Through a **national network** of providers who have contracted with **Unity Health**, our health insurance administrator, you have access to more than **2 700 GP's**, **2 700 optometrists** and various pharmacies, pathologists and radiologists.

Need help in finding your nearest provider?
Visit www.unityhealth.co.za or contact us for assistance.

GP CONSULTATIONS AND MEDICAL PROCEDURES



PRE-AUTHORISATION IS REQUIRED FOR 10 OR MORE COMBINED GP OR NURSE VISITS PER PERSON PER YEAR.

This benefit provides **unlimited** GP consultations at any of our **network GP's**.

We cover basic medical and/or surgical procedures that your **network GP** performs in their rooms, such as stitching of a wound, according to a list of approved tariff codes.

ACUTE MEDICATION



DISPENSING NETWORK GP

When you need medication for an every-day illness, such as a chest infection or flu, your **dispensing network GP** can provide medication from a formulary list during one of your visits.

There is **no benefit limit** on acute medication that you receive in the rooms.

NON-DISPENSING NETWORK GP

When your **network GP** does not dispense medication from the rooms, you will be given a prescription for medication prescribed from a formulary list. You can collect your medication from any **Mediscor** pharmacy, such as **Clicks, Dis-Chem** or **Pick n Pay**.

There is **no benefit limit** on acute medication that is prescribed by your **non-dispensing network GP**.

CHRONIC MEDICATION



We cover **chronic medication** that your **network GP** prescribes from a formulary for the following **27** chronic conditions and/or diseases:

- Addison's disease;
- bi-polar mood disorder;
- cardiac failure;
- chronic renal disease;
- Crohn's disease;
- diabetes insipidus;
- dysrhythmia;
- epilepsy;
- HIV/AIDS;
- hypertension;
- hypothyroidism;
- Parkinson's disease;
- schizophrenia;
- tuberculosis; and/or
- asthma;
- bronchiectasis;
- cardiomyopathy disease;
- coronary artery disease;
- chronic obstructive pulmonary disorder;
- diabetes mellitus type 1 & 2;
- glaucoma;
- haemophilia;
- hyperlipidaemia;
- multiple sclerosis;
- rheumatoid arthritis;
- systemic lupus erythematosus;
- ulcerative colitis.

WHO DO WE COVER?

We cover employer groups where **2 or more** employees join.

We cover you, as the employee, as well as your spouse and any child dependant of whom you are the parent or legal guardian, subject to approval from your employer.

MONTHLY PREMIUM

The monthly premium that each employee pays as part of the employer group is determined by a number of factors, such as the number of employees joining and whether cover is compulsory or voluntary for employees.

Children aged **20 years or younger** pay child dependant premiums. Children aged **21 years or older** pay **adult dependant premiums** if they are **full-time students** and proof of **financial dependency** is submitted **every year**.

We accept proof from the educational facility or stamped copies of your child's bank account statements of the **past 3 months**.

BLOOD TESTS AND X-RAYS



Blood tests, such as a cholesterol or glucose test or x-rays, such as a chest x-ray, are covered when your **network GP** refers you to the nearest **Ampath, Lancet** or **PathCare** pathology facility and/or radiology facility during one of your visits.

Blood tests and x-rays are covered according to a list of approved tariff codes.

NURSE CONSULTATIONS



PRE-AUTHORISATION IS REQUIRED FOR 10 OR MORE COMBINED NURSE OR GP VISITS PER PERSON PER YEAR.

Visit the on-site nurse at your nearest **Clicks, Dis-Chem** or **Pick n Pay clinic** for **unlimited** consultations for minor illnesses. Your local nurse can prescribe medication for up to **Schedule 2** medication.

SPECIALIST CONSULTATIONS



PRE-AUTHORISATION IS REQUIRED

Your **network GP** must refer you when you need to see a specialist. We will refund up to **R 1 200 per consultation** to a maximum of **R 2 500 per family per year**.

DENTAL CARE



PRE-AUTHORISATION IS REQUIRED

Visit **any dentist** of your choice when you need basic dental procedures, such as fillings or extractions, or emergency dental treatment for an abscess or root canal.

We also cover urgent dental treatment when an accident causes you to lose a tooth or multiple teeth or causes damage to your teeth.

All dental procedures are covered according to an approved list of tariff codes, limited to **R 1 200 per person per event**.

Specialised dentistry such as bridgework, crowns, dentures and orthodontic treatment are not covered.

EYE CARE



Our eye care benefits are provided through **PPN**, the largest optical network in the country. To find your nearest provider, visit www.ppn.co.za.

We cover you for:

- **1 eye test per person every year;**
- **1 standard frame to the value of R 254 per person every 2 years;** and/or
- **1 pair of clear, standard spectacle lenses per person every 2 years.**

We do not cover optional extras, such as tinting or scratch resistant coatings.

PRE-BIRTH CONSULTATIONS



PRE-AUTHORISATION IS REQUIRED

We will refund you, the soon-to-be-mom, for the cost of **2 maternity check-ups** and **2 ultrasound scans per person per pregnancy per year** at any gynaecologist of your choice, limited to **R 3 000 per family per year**.

Ask your **network GP** about having your scans done in the rooms, subject to the benefit limit provided by our **PRE-BIRTH CONSULTATION BENEFIT**.

WELLNESS BENEFITS

EMPLOYEE WELLNESS ASSESSMENT

As an employee of a registered employer group, you are covered for **1 on-site wellness assessment** when an Employee Wellness Day is scheduled for **15 or more** employees.

The following **health checks** can be done on-site:

BASIC HEALTH CHECKS

- blood pressure;
- glucose levels;
- HIV/AIDS, which includes counselling before and after testing.
- body mass index;
- waist circumference; and/or
- cholesterol;

ADDITIONAL HEALTH CHECKS

- **breast screening** using a **Breastlight™** device available to all female individuals;
- **eye test**;
- **prostate specific antigen screening** for every male aged **50 years or older** every **2 years**; and/or
- **tuberculosis rapid test** for all high-risk individuals.

If you are unable to attend the on-site Employee Wellness Day at your company, you can visit your nearest **Clicks, Dis-Chem** or **Pick n Pay clinic** to have the same **basic health checks** and/or **prostate specific antigen screening** done. Your registered dependants can also have the same **basic health checks** and/or **prostate specific antigen screening** done after the **General Waiting Period** applicable to them.

PREVENTATIVE CARE

Visit your nearest **Clicks, Dis-Chem** or **Pick n Pay clinic** for your preventative tests and/or vaccinations:

- **1 flu vaccination per person per year** to be administered by the **31st of May**;
- **1 pap smear** for every female aged **21 years or older** every **3 years**. You can also ask your **network GP** about having this procedure done in the rooms during one of your visits;
- **1 pneumococcal vaccination** every **5 years** for individuals **60 years or older** and /or individuals with a medically proven compromised immune system;
- **1 tetanus vaccination per person** every **10 years**; and/or
- **1 hepatitis A and B vaccination per person** once during the **lifetime** of the policy.

ESSENTIAL ASSISTANCE PROGRAMME (EAP)

Our wellness partner, **Reality Wellness Group**, offers **unlimited 24/7** telephonic advice and counselling services for:

- financial advice;
- HIV/AIDS counselling; and/or
- legal advice;
- trauma counselling.

We do not cover personal face-to-face counselling.

WAITING PERIODS

Waiting periods apply from the start date of the policy and from each insured person's cover start date unless otherwise specified in your **Cover Letter**, which you will receive when your cover is activated.

Waiting periods do not apply to employer groups when **20 or more** employees join on a **compulsory** basis.

The below waiting periods apply when **20 or less** employees join or when cover is **voluntary** for employees to join.

DAY-TO-DAY BENEFIT OPTION

1 MONTH GENERAL WAITING PERIOD

Cover does not apply to our **DAY-TO-DAY, EMPLOYEE WELLNESS ASSESSMENT** and **PREVENTATIVE CARE BENEFITS** during the first month of cover.

9 MONTH PRE-BIRTH CONSULTATION WAITING PERIOD

12 MONTH CHRONIC MEDICATION WAITING PERIOD

12 MONTH EYE CARE WAITING PERIOD

EXCEPTION TO THE RULE

Waiting periods do not apply to our **ESSENTIAL ASSISTANCE PROGRAMME (EAP)**.

* LIFESTYLE BENEFIT

Our **Lifestyle Benefit** is offered at no cost to you.

FUEL REWARDS

Fill up at any **SHELL service station** and get rewarded with **22 cents** per litre of **diesel** and **15 cents** per litre of **petrol**.

* T'S & C'S, BENEFIT AND GENERAL EXCLUSIONS

Visit our website at www.stratumbenefits.co.za to view our policy and benefit exclusions and read more about the **T's & C's** applicable to our **Lifestyle Benefit** and how to register.

*This **Health Insurance** policy is not a medical aid, does not provide similar cover as that of a medical aid and cannot be substituted for medical aid membership.*